

Healthy Life Center Diakonos Ministry



**The Spirit of the Lord God is upon me; because the Lord hath
anointed me to preach good tidings unto the meek; he hath sent me
to bind up the brokenhearted, to proclaim liberty to the captives, and
the opening of the prison to them that are bound.
Isaiah 61:1**

The book work should be the means of quickly giving the sacred light of present truth to the world. The publications that come forth from our presses today are to be of such a character as to strengthen every pin and pillar of the faith that was established by the word of God and by the revelations of His Spirit. 9T 69.4

Given the imminent proximity of the second coming of Jesus, we find ourselves with the need to make the Gospel known to every inhabitant of the world according to the channels that our God has established and that are efficient for this objective.

Among these we can name the printing of different materials to spread the message of salvation, the promotion of a healthy life style (physical, mental and spiritual), teaching based on Christian principles and promoting life in the countryside with its benefits, among others.

In Costa Rica, the aforementioned is almost non-existent, especially the printing area. This absence has prevented the message from being assertively proclaimed to all social classes, since the printed material that circulates is scarce and economically difficult to acquire.

In addition, the treatment of diseases and ailments in the country is addressed by the vast majority of the population with conventional medicine (drugs), which is extremely expensive. For its part, medicine and natural remedies could be available to everyone, however, it is not valued by the medical system in public and private health centers. Due to this there is lack of information among the population and few centers that promote it.

Regarding life in the countryside, we feel that as Christians we have failed to communicate the need for change among the inhabitants of the city. There are large sectors of the country that could be suitable for families to experience a healthy life, however, there is little information regarding organic agriculture and means of self-support that promote trust in God.

This is why we are planning to start a healthy life center that attends to the latent needs in the mentioned areas. The project contemplates the establishment of a large-scale printing press, a training center for topics such as a healthy lifestyle, the Bible, organic agriculture, family life, among others, as well as a natural health center for public attention, whether free or at extremely low cost.

This center will be established in a rural environment, with quality facilities, established at a short distance from populated centers, with the intention that the inhabitants of the great metropolitan area have access to it, since the few existing centers with this approach are located at long distances from the center of the country.

Having said the above, we believe that the impact of this center within Costa Rican society, and even in Central America, will be great since the literature that is planned to be distributed will have a variety of biblical themes, will be available to all socioeconomic levels at a symbolic price or even free. This will promote knowledge of God's word and prepare the people to meet Jesus.

Likewise, the care of patients and the prevention of diseases and illnesses in a natural way will open the way for many to enjoy good health in harmony with the natural means that God has left us, thus teaching many that their body is the temple of the Holy Spirit (1 Corinthians 6:19) and that whether they eat or drink they should do so to the glory of God (1 Corinthians 10:31).

Mission

Present the gospel through printed or digital publications, audiovisual material, as well as encourage a healthy and comprehensive lifestyle.

Vision

Reflect Christ through service to others and motivate others to make Jesus the center of their lives.

General objective

Establish a healthy life center in Costa Rica that presents the gospel through printed or digital publications, audiovisual material, as well as encouraging a healthy and wholesome lifestyle, until Christ returns a second time.

Specific objectives

Printing

Build and run a large-scale printing press that allows us to deliver various evangelistic materials at little or no cost.

Audiovisual

Present the gospel through various audiovisual materials through social media, in an attractive way, that generates an impact in the lives of people in terms of their relationship with God.

Training center

Create a space for the training of the local and international population on various topics such as healthy lifestyle, Bible, organic agriculture, family life, among others.

Country house

Operate a missionary and volunteer country house for the prevention and treatment of illnesses with natural methods and remedies.

Infrastructure

Designate living spaces for the direct collaborators of the project.

Project Stages

Stage 1 – Legal Constitution and Design of the Project

Constituting the Diakonos Ministry in a non-profit Association (NGO), which, within the legal framework that exists in Costa Rica, would allow us to attract donations from both private companies and public institutions after completing the corresponding procedures.

This association will be made up of a minimum of ten founders, who will be to a great extent the base on which this integral life center will operate. On the other hand, a board of directors will need to be appointed, but not necessarily made up of the founders of the association.

On the other hand, almost in parallel, we will be working on the design of all the areas that will make up the Integral Life Center of the Diakonos Ministry, which will be done progressively with God's help.

The illustratively prepared designs in this document give an idea of the buildings to be erected. These would house the different activities mentioned within the framework of the specific objectives of this project.

In the description of the subsequent stages to this, the plans and designs of the respective buildings will be shown, which will allow us to either care for people with different ailments, train them in different areas or spread the message of Christ through different audiovisual media.

After having carried out the previous steps, the ministry, already constituted as a non-profit association, will begin the process to be authorized to receive financial donations, from legally constituted entities, or individuals, deductible from their taxes, according to the legal framework of Costa Rica. Donations of material goods may also be received from public or private entities, which can be used within the center or can be sold to third parties to acquire economic resources.

Along, being legally constituted as an association opens for us the possibility to apply to the platform called “Outpost Center International”, which helps ministries around the world to attract donations within the United States. This organization is authorized for the donation to be deducted from taxes.

This first stage is definitely one of the most important, since it will be the basis on which the ministry will be able to work. Furthermore, it is necessary to open as many channels as possible so that God can send the necessary resources for this project, through many people around the world.

Stage 2 – Training

An important aspect within each project is to have the most qualified people possible, to largely guarantee the proper functioning of the center. It is important to mention that our God is the one who gives us the intelligence and wisdom to learn new topics, believing the Word of God in 2 Corinthians 1:21, where it says that God is the one who enables us to do His work.

We have felt a special call from God to serve through printing as a primary missionary activity, even though it was not the initial reason this ministry began. For this reason, we consider it extremely important to be able to train ourselves in managing the equipment, publishing, and distributing books on a large scale.

Currently the ministry has a small printing press, for which we are extremely grateful to God, being He himself who provided the necessary machines for this purpose. We understand that the scope of the current machinery is limited, since it does not allow the reproduction of more than one book at a time. We feel the need to obtain equipment that generates greater volume in less time.

Our ministry has been blessed by God for allowing us to meet Isaac del Águila, director of the “Fuerte Pregón Project” in Peru. This ministry has a large-scale printing press where “The Great Controversy” and “Steps to Christ” are mainly printed, and they are given out free of charge. These types of initiatives have inspired us to bring this type of impact to our country.

The “Fuerte Pregón Peru” Project offered us advice and training in the use and maintenance of these large machines, which is essential for the establishment of a printing press of this magnitude in Costa Rica. It is for this reason that this stage contemplates that some of our members travel to Peru to receive this training and in turn can teach other members of the ministry.

Stage 3 – Land Acquisition

This stage is of vital importance since the purchase of land will allow us to locate the buildings for the different service areas.

The property that is acquired will become property of the “Elías Profeta” association, which is the legal name of the non-profit organization in which Ministerio Diakonos will be operating. This guarantees that the land is protected by a board of directors, its founders, and associates, and not registered in the name of a single person.

The property must have certain requirements established by God for these times and those to come. In the first place, the property must have an extension of between 4 and 8 hectares to be able to house the different buildings that are needed within the center, as well as some houses and different crops as well as fruit trees.

Another important aspect is that it must have its own water source with the capacity to supply the vast majority of buildings, as well as to irrigate agricultural areas. The property must also have access to electricity and internet for the operation of the printing press and other areas of the center.

The cost of the land should preferably be at a low price, believing that God will provide both the money and the adequate property for the project, making wise use of our Lord's resources. Perhaps the question may arise, why buy land and not rent? Well, the answer is that it is not feasible for us to

be moving these huge machines from one place to another, nor to be subject to the possibility of eviction.

We must also take into account that a rental property hardly has the necessary conditions to be able to have the printing press, a training center and the country house. In addition, everything that is built or done (infrastructure or crops), would eventually be lost to an eviction if we are only renting.

We must remember that the intention of this healthy life center is to cause an impact at a national and even regional level, regarding the proclamation of the gospel and in the care of people physically, mentally and spiritually. Therefore, it would be very important to be able to have our own land, which allows us to gradually develop the different stages of the project, without having the risk of losing them due to a change of location.

On the other hand, the development of this center will serve as a model for many other people, either in Costa Rica or in other countries, mainly in Central America, to take it as a model to be able to implement it in their respective regions.

Also, we want people to feel attracted to the Lord through the service made with love and self-sacrifice from our missionaries and volunteers, so that they can feel the presence of God in the midst of nature, and restore their health in a wholesome way. As 3 John 1:2 says, "Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth."

Finally, the current facilities of the ministry do not meet the necessary dimensions to be able to develop this project, nor is it located in the countryside. For these reasons, we see the great need to move the ministry out of the city and to be able to build this healthy life center, which reflects the dream of all the members of this ministry.

Stage 4 - Construction of the Printing Press and Rooms

The first step at a structural level is the construction of the facilities that will house the printing press. The books that can be printed here with the three angels' messages will take the message of salvation to all of Costa Rica and also abroad. There are many books that contain the truth for our days, and it is for this reason that they need to be scattered like autumn leaves.

The printing facilities would consist of several sections within the building, which are represented in the following images that help us to have an idea of what the ministry intends to achieve with this first building.

Proposal Plan of the Printing Office and Rooms



External view of the Printing Office and the Rooms



As can be seen in the images, the printing house will have a machine area, as well as a storage cellar, an office and three rooms. In the first instance, these rooms will serve to accommodate the associates who would work in the printing press and in other necessary tasks at the beginning of this healthy life center.

By the time these associates build their own home in or around the center, the rooms will be ready to receive people who wish to collaborate as missionaries in this center. These rooms will eventually be able to house a minimum of seven volunteers so that they can work in different areas.

In addition to the space for the printing press and the rooms, this first building will have bathrooms for the people who are serving in the center. It will also have a kitchen for the missionaries or people in general who are going to collaborate, and finally, a small laundry room.

Likewise, we want to emphasize the importance of publishing houses for these times. As a ministry we have felt the call of God to deliver and distribute in different ways the truth of the gospel that seems so lost from sight in these times. We have currently delivered books to prisons, restoration centers for people with different addictions, members of the current government of Costa Rica, as well as hundreds of people through internet campaigns.

The total number of books delivered in a period of about 6 months is around 3000 units, which fills us with great joy to see how God provides for His work to continue advancing. It should be noted that most of these books have been delivered to order, that is, they have not been delivered randomly, but to people sincerely interested in reading.

We have also started printing books through the small printing press that is available. In the first month, 60 units of the book Daniel and Revelation by Uriah Smith were delivered, which were translated from English into Spanish. Due to its size (661 pages) and its color illustrations, this book was delivered at cost price to each applicant, of which 50 were sent abroad.

Another printed book that was given away free of charge is Living by Faith by Alonzo T. Jones and Ellet J. Wagoner. We are currently editing other books for free printing and delivery, or at cost, when required.

Therefore, we leave you with some quotes given by God to his people so that we can understand with the help of the Holy Spirit, the importance that we must give to publishing houses. Our heavenly Father has left the explicit order that publishing houses should be built in as many places as possible, and neither in Costa Rica, nor even in Central America, have we found one.

Please meditate on the following paragraphs:

Our publishing work was established by the direction of God and under His special supervision. It was designed to accomplish a specific purpose. Seventh-day Adventists have been chosen by God as a peculiar people, separate from the world. By the great cleaver of truth He has cut them out from the quarry of the world and brought them into connection with Himself. He has made them His representatives and has called them to be ambassadors for Him in the last work of salvation. The greatest wealth of truth ever entrusted to mortals, the most solemn and fearful warnings ever sent by God to man, have been committed to them to be given to the world; and in the accomplishment of this work our publishing houses are among the most effective agencies. " 7T 138.2

Our institutions should be missionary agencies in the highest sense, and true missionary work always begins with those nearest. In every institution there is missionary work to be done. From the manager to the humblest worker, all should feel a responsibility for the unconverted among their own number. They should put forth earnest effort to bring them to Christ. As the result of such effort many will be won and will become faithful and true in service to God. 3TT 148.1

Instead of engaging in a work that will place money in the hands of those engaged in a work of opposition, let our book agents give their attention to the books that are filled with the gospel message for this time, the gospel that will prepare a people to meet their God.—Letter 66, 1907. PM 124.2

Within the notes found in the Spirit of Prophecy we find something very revealing for our times, and that is that the message that we should be proclaiming with greater force is that of justification by faith, for the following reason:

Several have written to me, inquiring if the message of justification by faith is the third angel's message, and I have answered, "It is the third angel's message in verity."—Selected Messages 1:372 (1890). LDE 199.4

So how can we bring this third angel's message to the people? Since God has left revelation to understand how we should do this work of the third angel, let's read:

To present these truths is the work of the third angel's message. The Lord designs that the presentation of this message shall be the highest, greatest work carried on in our world at this time. That this work may be carried forward on correct lines He has directed the establishment of schools, sanitariums, publishing houses, and other institutions. In these institutions the attributes of God are to be unfolded, and the glory and excellence of the truth is to be made to appear more vivid.—Manuscript 166, 1899. MM 188.1

The third angel's message is to be given through this medium [publishing houses] and through the living teacher. You who believe the truth for this time, wake up. It is your duty now to bring in all the means possible to help those who understand the truth to proclaim it. Part of the money that comes in from the sale of our publications should be used to increase our facilities for the production of more literature that will open blind eyes and break up the fallow ground of the heart. 9T 62.1

We are fast approaching the end. The printing and circulation of the books and papers that contain the truth for this time are to be our work.—Testimonies for the Church 8:89 (1904). CM 5.1

The publications sent forth from our printing houses are to prepare a people to meet God. Throughout the world they are to do the same work that was done by John the Baptist for the Jewish nation. By startling messages of warning, God's prophet awakened men from worldly dreaming. Through him God called

backsliding Israel to repentance. By his presentation of truth he exposed popular delusions. In contrast with the false theories of his time, truth in his teaching stood forth as an eternal certainty. "Repent ye: for the kingdom of heaven is at hand," was John's message (Matthew 3:2). This same message, through the publications from our printing houses, is to be given to the world today.—Testimonies for the Church 7:138, 139. YRP 242.4

And in a large degree through our publishing houses is to be accomplished the work of that other angel who comes down from heaven with great power and who lightens the earth with his glory.—Testimonies for the Church 7:139, 140 (1902). CM 4.1

From our books and papers bright beams of light are to shine forth to enlighten the world in regard to present truth.—Testimonies for the Church 8:87 (1904). CM 5.5

From them [publishing institutions] is to go forth the terrible denunciation, "Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the wrath of her fornication." Revelation 14:8 CW 179.3

Lastly, we have a great promise for the end of time, when the Holy Spirit is upon His people loudly proclaiming that loud cry so longed for by all His Church, which fills us with hope and joy when reading the following note:

God will soon do great things for us, if we lie humble and believing at His feet.... More than one thousand will soon be converted in one day, most of whom will trace their first convictions to the reading of our publications.—The Review and Herald, November 10, 1885. CW 181.2

It is our prayer that you join us in this great project, and thus the truth reaches the entire population of Costa Rica and why not, the entire world. All the books that have been distributed over many years, as well as those that are currently distributed and will be delivered in the near future, are seeds that will germinate in due time for the glory of our God.

We want to make clear the benefit of being able to have a printing press in Costa Rica. First, it provides the opportunity to print a lot of material from our Adventist pioneers, who taught the message of justification by faith in their day. This message was supported and defended by the servant of the Lord, and it is not easily found in print. Also, our ministry will focus on the

translation (from English to Spanish) of books of both the Spirit of Prophecy and these pioneers.

As a second point, there is the economic benefit. Books currently have an inaccessible cost for the vast majority. The purchase of books to be able to evangelize at a personal level, is almost impossible. Therefore, the printing press that will be in the healthy life center will remove the economic factor as an impediment for people to know the truth of the gospel, so that they can understand topics such as justification by faith, how to have a healthy life, the sanctuary, the life of Jesus, the cosmic conflict between God and Satan, among many other topics.

These are just two points that show us the great value and impact that the printing press will have. With Jesus Christ our great Captain at the forefront of this project, we are sure that many will come to the knowledge of the saving truth, thus preparing a people to meet Him at His second coming.

Stage 5 - Purchase of machinery and supplies for printing

After having erected the corresponding building for the printing press, the next stage is to buy all the machinery that will allow us to print on a large scale, as well as the necessary supplies for printing. Among these we can name bond paper, opaline paper for book covers, ink, among others.

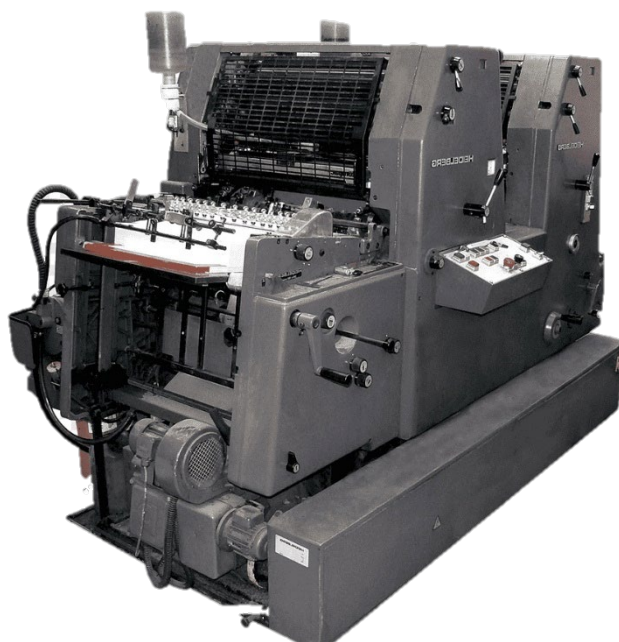
The machines to operate a large-scale printing press are much larger in size and economic value than the ones we currently have. It is for this reason that it becomes vital to be able to go to train with our brothers in Peru, to have a clearer picture of the operation and maintenance of the equipment prior to its purchase.

We have full confidence in God that He himself will provide for the acquisition of all these machines, so that his gospel can be spread in this country and

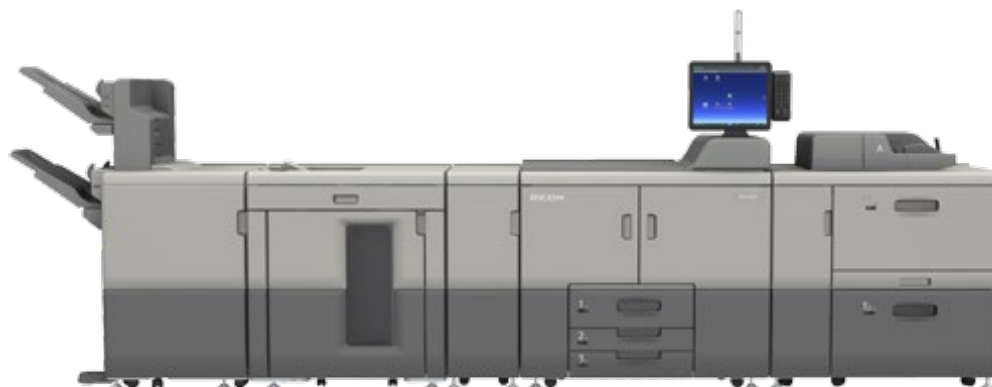
abroad. Although we have not defined in detail the machines to be purchased, we show as an example some images of what needs to be purchased:

Printers or duplicators

*Industrial Offset Duplicator



*Modern large-scale b/w power printer



Paper cutter



Bending machine



Binder



Laminator



Stage 6 – Construction of Training Room and Recording Studio

Within our vision of the gospel and following the example that Jesus left us in terms of teaching others, we see a great need to build a training center, so that anyone who wants to learn about different topics has the possibility in our center to do it.

Our Lord Jesus taught so that the people of his time would have knowledge at their fingertips and could have the opportunity to choose a different life. In our training center with God's help, we will be able to share a lot of information in different areas, such as health, the Bible, agriculture, family life, publications, healthy food, among many others.

Let us remember what Hosea 4:6 says " My people are destroyed for lack of knowledge..." Therefore, we take responsibility for the task of teaching other people, so that they obtain knowledge of the Word of God, and not only that, but also how to have a comprehensive lifestyle that allows them to be a temple for the Holy Spirit.

Within this teaching approach, the center will have highly trained personnel, so that those who attend the workshops receive optimal training so that they can develop it at a personal or community level.

In addition, another way in which the information could reach many more people is through different social media platforms, such as YouTube and Facebook, not only in Costa Rica but worldwide.

Digital information will be one of our highest priorities, since it is widely used by the new generations, and Satan uses it to harass them and distance them from their families and from God. It is our Heavenly Father's desire that the

youth of our day be drawn to Him, so that they may be that strong and courageous group that fights in His name.

We thank God that the ministry has the necessary technological equipment to work in the audiovisual field, as well as much of what is required to give the training. Therefore, it remains for us to carry out the construction of the building to carry out these activities, so we will share a proposal for the construction of this center:

Map of the audiovisual training and studio center



Three-dimensional plan of the training center and recording studio



Exterior view of the Training Center and studies for audiovisuals



We hope with God's help to be able to build this center that, without a doubt, will bring many people to the knowledge of the Word of God, and how to lead a healthy and comprehensive life, carrying out the training in person and digitally.

Lastly, regarding this topic, the center will make the necessary efforts, with the help of the One in whom we are more than victorious, to give the training completely free of charge, or if required, request a symbolic fee to cover basic expenses. We do not want money to be an impediment for people to come to the center and receive God's blessing through the training that will be given.

Stage 7 – Construction of a Warehouse and purchase of agricultural tools

Many times, those who have understood the message of leaving the cities associate living in the countryside only with agriculture, but we believe that it's only a part of what we can do while living in rural places, as we have seen. That being said, an important aspect within the development of this center is organic agriculture, since it contains an endless number of lessons that every son and daughter of God must experience in order to develop a character similar to that of Jesus.

It is for this reason that the center needs a property with enough space to be able to allocate some areas in which different crops can be grown, as well as being able to have fruit trees that provide us with fruit throughout the year, with the aim of reaching to be self-sustainable.

An important aspect of having crops on the property is that they can be used to give organic agriculture courses or training, since there is no better way to learn than by putting into practice the theory that has been received.

We believe that having this space will also attract many people to become interested in volunteering, to learn everything that organic agriculture entails, in addition to other tasks that are contemplated for this project. Not only this, but these healthy products will be a good remedy for the visitors in the country house.

We believe in the importance of teaching how to plant organic food, since the vast majority use conventional methods on their land, which can damage the soil, making it sterile over time. In addition, the products that are harvested with this method (agrochemicals), are loaded with toxins that damage our body when consumed, often causing different diseases.

It is within our plans that when the center is consolidated in the agricultural part, the missionaries can be at the service of other people in the community to help them start the garden at home.

We must mention that for the work of the land certain tools and machinery are needed that would facilitate the work in a certain way. For this reason, it is necessary to acquire both manual tools and electrical or gasoline-powered machinery.

Finally, we must indicate that the warehouse, beyond just being used to store agricultural tools and equipment, can be very useful for storing crops, and thus have food available to sustain the center, and if possible, share with others who require help.

Stage 8 – Construction of the Country House and Rooms

This stage consists of the construction of a country house for the attention of the guests, and rooms that will serve for the missionaries specialized in natural health.

Some may think, what is the relationship between publications and a country house? By studying the Word of God, we see that they are closely related. Printing is the work that must be done within the proclamation of the third angel's message, and health is the right arm of this message. God's message to the world is a complete and comprehensive message that covers all areas of our lives. We believe that God has many ways of reaching people's lives, whether through a book, an audiovisual message or through health.

The church has a precious message in its hands that little by little has been forgotten, in large part due to the technological advances of pharmaceutical companies and aggressive marketing work that makes us believe that it is the only and best solution to our ills.

We must remember that our loving Savior took all our troubles to the cross of Calvary. Natural medicine has a fundamental principle, trust in God above any treatment or natural remedy that we apply to our bodies. This is what differentiates us from the natural medicine practiced by the new era.

Therefore, we must rise as the people of God to show the world that God chose the simplest, natural resources together with faith in the power of God to heal human beings, marking a very big contrast with conventional medicine where human wisdom and drugs are exalted.

This center wants to have a country house to receive anyone who wants it at an affordable price and free of charge in very specific cases. We want all people of any country to know that there is a place where they can treat their ailments.

Like printed material, such as free training, we do not want money to be an impediment so that a person suffering from an illness or disease can be treated. The center will make every effort to ensure that the country house has volunteers who are highly trained to care for guests responsibly.

We believe that our country house with this particular way of operating will win the attention of many people who will come closer to the center, which will allow us to gain the trust of the people so that, with great tact and love, we can present the gospel of Christ to them.

This country house will have for sale certain natural supplements that may be at cost price for guests, it will also offer free literature, which will serve as a guide for people when they are in their homes. These printed materials will be a great support for this lifestyle change, as well as the talks or training that the center will carry out.

As we can see, this message needs to be given to the world in a wholesome way where every aspect of people's lives is healed, not by human wisdom, or by natural remedies, but by our Lord Jesus who redeemed us and promises us a better life.

Finally, we want to emphasize all the equipment required by the different therapies that the country house will offer, such as industrial juice extractors, towel heater/cooler, sauna vaporizer, natural oil diffusers, massage tables and chairs, ozone individual capsule, among other equipment.

Next, a proposal will be presented for the building that will belong to the country house and the rooms for its staff, as well as for missionaries or patients who require it:

Plan proposal for the Country House



Three-dimensional plan of the Country House
External view of the Country House



Plan proposal for rooms in the Country House



Three-dimensional plan of the rooms



External view of Rooms in the Country House



Proposal Plan of the Country House and the rooms



While concluding with this breakdown of the stages of the project, we are convinced that this healthy life center in Costa Rica can be a reality. After one of our members was able to attend the event “Battles of Faith 2022” in

Santa Cruz de la Sierra in Bolivia and share with so many people from the ADVenir Network, including Pastor David Gates, as well as leaders of ministries associated with this network and members of churches from different parts of the world, a fervent desire to build this center was born within us.

It is necessary for this light to rise in this country, a place where people can be trained for free in different areas, where they can feel that they have a place to go to treat their illnesses and ailments at affordable prices. That they feel this center is the place where they can learn to grow organically, so that they can build gardens in their homes or on their farms in the countryside.

We want to bring the gospel of Christ through publications for free or at extremely low prices, where money is not a limitation for this country to know the truth. Our publications will be varied so that people can learn about health, justification by faith, the sanctuary, family, country life and many more topics.

Therefore, it is our prayer that God will touch your heart so that with your donations you can be part of this unique project, both in Costa Rica and in Central America, and together we can work for our Lord and reconcile others with Christ. (2 Corinthians 5:18), as well as preparing His people for the coming crisis.

God bless you,

Diakonos Ministry